

CROSS PARTY GROUP (CPG) ON IMPROVING SCOTLAND'S HEALTH: 2021 AND BEYOND

MEETING

WEDNESDAY 24TH JANUARY 2018, 5.30PM TO 7PM
IN COMMITTEE ROOM 5 OF THE SCOTTISH PARLIAMENT

MINUTE

PRESENT

MSPS

Kenneth Gibson MSP	Convener
Ivan McKee MSP	
David Stewart MSP	
Brian Whittle MSP	

Invited Guests

Professor Amanda Amos	University of Edinburgh
Bruce Adamson	Commissioner for Children and Young People Scotland
Maire McCormack	Member of Commissioner's Team
David Caesar	Senior Medical Officer, The Scottish Government

Non MSPs

Linda Alexander	Children's Health Scotland
Mike Andrews	ASH Scotland
Christina Buckton	The Institute of Health and Wellbeing, University of Glasgow
Julie Cavanagh	Faculty of Public Health in Scotland
Emma Crawshaw	Crew 2000
Alison Douglas	Alcohol Focus Scotland (AFS)
Sheila Duffy	ASH Scotland
Andrew Fraser	NHS Health Scotland
Nadia Fanous	University of Glasgow
Kenny Harrison	Individual Member/A+B Licensing Forum Chair
Mathis Heydtmann	NHS Greater Glasgow and Clyde
Tamsin Knight	NHS Tayside
Alana McDonald	NHS Lothian
Charlotte McDonough	ASH Scotland
Andy MacGregor	ScotCen
Gary Meek	Glasgow Council on Alcohol
Denise Meldrum	NHS Greater Glasgow and Clyde
Nicola Merrin	Alcohol Focus Scotland
Cath Morrison	NHS Lothian
Lindsay Paterson	Royal College of Physicians of Edinburgh

Pete Ritchie
Bruce Ritson

Nourish Scotland
Scottish Health Action on Alcohol Problems (SHAAP)

Stephanie Scott
Jonathan Sher
Louise Slorance
Valerie Smith
Ben Thurman
Amy Woodhouse

ASH Scotland
Independent Consultant (Preconception Health)
Royal College of Paediatrics & Child Health Scotland
ASH Scotland
Mentor UK
Children in Scotland

APOLOGIES

MSPs

Alex-Cole Hamilton MSP
Alison Johnstone MSP

Non MSPs

Annie Anderson
Kenneth Anderson
Brian Auld
David Blane
Graeme Callander
Eric Carlin
Jeff Collin
Emilie Combet
Tara Cooper
Mary Cuthbert
Shane Donnellan
Carol Emslie
Ian Findlay
Laurence Gruer
Shona Hilton
Ruth Jepson
Kuladharini
Dave Liddell
Nancy Loucks
Elspeth MacDonald
Alison McCallum
Heather McVeigh
Justina Murray
Geoff Ogle
Sharon Simpson

Helen Sweeting

Scottish Cancer Foundation
Individual Member
ASH Scotland
University of Glasgow
Addaction
SHAAP
University of Edinburgh
University of Glasgow
NHS Lothian
Alcohol Focus Scotland and ASH Scotland
Changeworks
Glasgow Caledonian University
Paths for All
Individual member
The Institute of Health & Wellbeing, University of Glasgow
University of Edinburgh
Scottish Recovery Consortium
Scottish Drugs Forum
Families Outside
Food Standards Scotland
NHS Lothian
Mentor UK
Scottish Families Affected by Alcohol & Drugs
Food Standards Scotland
MRC/CSO Social and Public Health Sciences Unit, University
of Glasgow
University of Glasgow

Lorraine Tulloch
 Steve Turner
 Colin Sumpter

Obesity Action Scotland (OAS)
 Royal College of Paediatrics & Child Health Scotland
 NHS Forth Valley/The Scottish Government (non-member)

		Action
1.	<p>Welcome by the Convener</p> <p>The Convener welcomed everyone to the meeting and advised that the co-Convener Jenny Marra MSP has now had her baby and is back at work. Ms Marra is unable to continue as co-Convener and the convenership of the Group will be discussed under agenda item 6.</p> <p>The Convener welcomed Professor Amanda Amos, Professor of Health Promotion at the University of Edinburgh, to the meeting as one of two guest speakers. The second speaker, Bruce Adamson, Commissioner for Children and Young People, was running late due to travel issues.</p> <p>Also joining the meeting was David Caesar, Senior Medical Officer; and Ivan McKee MSP may need to leave early.</p> <p>It was noted that the Scothealth 2021 Coalition was featured in the NCD Alliance Global Atlas. Eric Carlin represented the Coalition at the NCD Alliance event in Dubai.</p>	
2.	<p>Declaration of Interests (Standing Item)</p> <p>Members were asked to declare any updates to their original declared interests, and to highlight any conflicts of interest specific to today's meeting. No declarations were made.</p>	
3.	<p>Topic Discussion: Children and Young People (CYP)</p> <p>The Convener highlighted that this first meeting of the year would focus on children and young people, to tie in with the launch of Year of Young People 2018, and would consider children's right to be protected from health-harming products.</p> <p>We had two excellent guest speakers:-</p> <p>Amanda Amos, Professor of Health Promotion, Usher Institute of Population Health Sciences and Informatics, The University of Edinburgh. and Bruce Adamson, Commissioner for Children and Young People Scotland</p> <p>Professor Amos, whose main area of expertise is tobacco, young people and inequalities, gave her presentation first looking at successful action taken in Scotland, and making links with alcohol and obesity.</p> <p>Questions and discussion followed.</p> <p>Bruce Adamson then joined the meeting and gave an overview of his role as</p>	

	<p>Commissioner for Children and Young People, followed by a presentation.</p> <p>Questions and discussion followed.</p> <p>On behalf of the Group, the Convener thanked both the speakers for their most interesting presentations.</p>	
4.	<p>Membership update</p> <p>The following new member was noted: Scottish Families Affected by Alcohol and Drugs – joined 8th November 2017</p> <p>Action for Sick Children Scotland has changed its name to Children’s Health Scotland.</p> <p>The Convener explained that as Maree Todd MSP has now been appointed as Minister for Childcare and Early Years, and the Ministerial Code of Conduct does not permit Ministers to be Members of CPGs, she is no longer a member of the CPG. The Group is still compliant with the rules on MSPs membership.</p> <p>The Group currently has 63 organisation members, an achievement as this means it is one of the largest CPGs.</p> <p>A membership application that noted a conflict of interest had been withdrawn.</p>	
5.	<p>Minute of Meeting – 26th October 2017</p> <p>The minutes were approved as correct.</p> <p>The Annual Return had been submitted to the Standards Committee of the Scottish Parliament.</p> <p>There were no further matters arising.</p> <p>An update was given on forthcoming meetings: there is a possible joint meeting with the Health Inequalities CPG in May 2018 [now confirmed for Tuesday 22nd May 2018, 5.30pm - 7pm, committee Room 4]. The AGM is likely to be in September/October 2018 (date to be confirmed).</p>	
6.	<p>Conveners</p> <p>The Convener asked David Stewart MSP, who had just joined the Group, and Brian Whittle MSP who has been a regular attendee, whether they would be willing to take up the roles of co-Conveners . The suggestion is that three meetings be held a year, with each Co-Convener chairing one meeting each.</p> <p>This was agreed by the Group.</p>	
7.	<p>A Healthier Future – Action and Ambitions on Diet, Activity and Healthy Weight Consultation Document</p>	

	<p>Alison Douglas, Alcohol Focus Scotland, advised that Lorraine Tulloch from Obesity Action Scotland was unable to make the meeting due to travel issues and she reported on her behalf. The consultation document was highlighted as an opportunity to progress on a number of issues discussed at tonight's meeting. The deadline for responses is 31st January 2018. Alison encouraged members to contribute to the consultation.</p> <p>AFS provided its draft submission in paper copy, which highlighted the contribution of alcohol to diet as a discretionary food, and called for greater consistency of approach to health information provision. AFS has suggested that the Scottish Government can learn from the alcohol experience to ensure that restrictions on the upselling of foods extend to other promotions.</p>	
<p>8. Any Other Business</p>	<p>Alison Douglas advised the Group that AFS and OAS are planning to hold an event on marketing [date now confirmed as Wednesday 14 March, from 2.30-4pm in The Melting Pot, Rose Street, Edinburgh. Please register via Eventbrite]. Speakers will include an academic and a campaigner on obesity and sugar who previously worked in marketing for junk food and drink.</p> <p>Emma Crawshaw, Crew 2000 praised the Group for the inspiring dialogue, believing that this is the right approach to public health for YP. The Road to Recovery refresh should include CYP's rights.</p> <p>The Convener closed the meeting by reminding members that CPGs have a crucial role in keeping issues at the forefront of political discourse, and encouraged members to put forward questions to Parliament, and for the Group to lodge parliamentary motions for debate on a regular basis. One possibility is a motion on the rights of the child to health.</p> <p>The Convener extended thanks to the speakers and members for attending the meeting.</p>	