

## **The Cross Party Group on Accident Prevention and Safety Awareness**

**Wednesday 20<sup>th</sup> March 2019**

**6.00 to 8.00 pm, Committee Room 4, the Scottish Parliament.**

*(Tea, coffee, shortbread available from 6.00 pm)*

### **Minutes**

#### **1. Welcome:**

Clare Adamson MSP (Convener)

Clare Adamson MSP welcomed members to the meeting and thanked Maurice Corry MSP, Stuart McMillan MSP and Emma Harper MSP for their attendance. She thanked Rupert Balfry of IOSH Scotland for sponsoring the meeting by covering catering costs and welcomed any future offers of support. Members were asked to please remember to sign the sederunt.

#### **2. Present and Apologies**

Ms Adamson advised that a list of those present and apologies submitted had been collated by the Secretary and would be attached as an Appendix to the Minutes of the Meeting (See Appendix One).

Ms Adamson extended a special welcome to students and colleagues from Dundee & Angus College, Monifieth High School and TechnipFMC.

#### **3. Minutes of the Previous Meeting (23<sup>rd</sup> January 2019 – circulated previously)**

- a. Accuracy – Brian Topping, Safety Advocate, proposed approval of the Minutes and Martin Hunt, Tartan Silk, seconded the proposal. The Minutes were therefore agreed as an accurate record of proceedings.
- b. Matters Arising:  
Elisabeth Bardell of Ms Adamson's office noted that there had been very positive feedback on the 3 minute pitches plus discussion format.

#### **4. Secretary's Report**

RoSPA – tabled

Carolyn Reid of RoSPA outlined the Secretary's report. (Appendix Two).

Elizabeth Lumsden of RoSPA gave a brief update on the January meeting workshop discussions. A paper had been pre-circulated. Stuart McMillan MSP acknowledged the benefit of the 3 minute pitch format in other CPGs including, for example, Recreational Boating and Marine Tourism and highlighted the value of networking time within these meetings. He noted the perpetual challenges on MSP time to attend CPGs.

Emma Harper MSP agreed with these sentiments and was also using these techniques in Lung Health and Diabetes CPGs. Maurice Corry MSP also acknowledged the benefits of the format as he had introduced 5 minute pitches and networking time to the CPG on Veterans

and Armed Forces which he convenes. Brian Topping, Safety Advocate, thanked Elizabeth Lumsden of RoSPA for all her work collating the feedback and asked if, given the acknowledged value of networking time at meetings, and the time/travel constraints of some members, whether it might be possible at future meetings to access the committee room 30 minutes in advance of the meeting start. Ms Adamson agreed to investigate the possibility of such an arrangement. Ms Adamson also acknowledged Elizabeth Lumsden's introduction of the 3 Minute Pitch format to the Group and that the format will continue to be offered at the end of each meeting.

## 5. Headlines

RoSPA – tabled

Carolyn Reid of RoSPA thanked contributors to *Headlines* newsletter. The current edition contained an interesting variety of news and useful information. All future contributions welcome. (Appendix Three)

## 6. Speakers

- a. Bryan Simpson (for Stella Rooney) on behalf of Unite Hospitality Branch and Better Than Zero campaign:

Ms Adamson introduced Bryan Simpson and the topic of his presentation which considered the safety of young precarious workers. Brian Topping, Safety Advocate thanked Bryan Simpson for his informative presentation and noted the value of Unions now active in the hospitality industry. He also noted the availability of the Licensing Objectives and the safeguarding system called 'Ask Angela'. Ms Adamson thanked Bryan Simpson and noted the issues presented were perhaps something that could be taken forward as part of the Fair Work agenda.

- b. Andy Cathro with colleagues and students from Dundee & Angus College, Monifieth High School, TechnipFMC and the College Development Network on Creative Learning of Health & Safety for the future workforce, LOCHER update:

Ms Adamson welcomed the teams.

*Cupcakes were circulated which had been prepared by pupils in the Home Economics department at Monifieth to raise awareness of work-related stress.*

The student team presented on their work on the topic and the results achieved.

Daniel Doherty, BAFSA, highlighted the success of liaising with local guide dog organisation on pet de-stress in a project similar to the school project.

Kathy Jenkins, PHASS, asked whether the group had been able to look at some of the causes of stress e.g. things that could be changed about things at school and Lynsey Cathro noted this for future consideration.

The motor vehicle students from Dundee and Angus College who had worked on Winter Health Checks talked about their work on ensuring staff vehicles were in a safe condition in advance of their film being viewed.

Ms Adamson noted that during a recent Modern Apprenticeship Week visit that communication skills are included in such training and this was a valuable skill.

Gregor Steele, SSERC, noted the double benefit of reviewing safety of vehicles but also being aware of personal safety.

Ms Adamson asked if the messages learned were passed on to friends outside of the training course and students explained some of the outcomes.

Scott Darroch, Gas Safe Register, noted the value of possibly taking the learning out to vulnerable groups in communities but queried the liability aspects. This was noted by the team.

A visitor from the TechnipFMC team asked if the students wore gloves and the team explained their awareness of the importance of using gloves and barrier creams.

Kathy Jenkins, PHASS, asked if there is any involvement with Police, e.g. out on checks. Ms Adamson explained this had been mentioned at another meeting by a teacher from Dumfries and Galloway as part of STEM learning.

John Johnston of TechnipFMC and his team continued the presentation and outlined their involvement in LOCHER.

Ms Adamson asked about the 'oilees' characters and acknowledged the interesting use of these plastic figures that were used to represent people in the 'drop zone'.

Robert Atkinson, NHS Health Scotland, asked about age range of pupils – school pupils to graduates – and what the feedback was. Mr Johnston outlined the amazing feedback and acknowledged it was the right thing to do.

Elisabeth Bardell from Ms Adamson's office asked if the dropzone issue had been identified before the work was undertaken and the team explained the background to the work and the awareness raising. John Johnston noted the change in terminology used by the students and the simplification of previously complex vocabulary.

Ms Adamson asked how the students might plan to take the work forward in future and John Johnston explained how they could share experiences and take the LOCHER messages forward in any future position.

Kathy Jenkins, PHASS, asked about issues young people are facing in work and if there would be any way of having a cross over between Bryan Simpson's work and Health and Safety work in schools and colleges, reaching the next generation of workers. Bryan welcomed the opportunity to liaise with the team.

Ms Adamson acknowledged the value of getting safety messages as part of life skills going forward.

Brian Topping, Safety Advocate, noted importance of health and safety in the workplace and asked if there was anything within the training on awareness of effects of accidents happening outwith the workplace. John Johnston noted the work included the Whole Person Whole Life messages developed in conjunction with Dr Karen McDonnell and RoSPA.

Ms Adamson noted her [recent motion](#) to the Parliament congratulating the team on their work on the LOCHER project and their success at the Safety Groups UK Awards. Andy Cathro outlined the background to the award, the success of the Princes Trust scheme in a UK award open to all companies and showed the meeting their award of the Lord Cullen Trophy.

Ms Adamson thanked Andy Cathro and the teams for their informative presentations, and thanked Bryan Simpson for his interesting presentation.

**All available presentations will be uploaded to the RoSPA website at <https://www.rospa.com/about/around-the-uk/scotland/cross-party-group/>**

7. **AOCB** – there was time for a visit to the Chamber, photographs for social media and networking.
8. **Dates of next meetings:** CR4; 5<sup>th</sup> June 2019 (Child Safety Week), (there is also the possibility of a debate in the Chamber on this topic) CR3; 20<sup>th</sup> November (Data).

Ms Adamson thanked everyone for their attendance.

**The Cross Party Group on Accident Prevention and Safety Awareness**

**Wednesday 20<sup>th</sup> March 2019**

**6.00 pm till 8.00 pm, Committee Room 4,  
The Scottish Parliament**

**ATTENDEES AND APOLOGIES**

**MSPs**

Clare Adamson MSP Convenor	
Stuart McMillan MSP	
Maurice Corry MSP	
Emma Harper MSP	

**Attendees – Alphabetical by surname**

<b>Speakers and guests</b>	
Cameron Bell	Monifieth High School
Holly Birthistle	Monifieth High School
Andy Cathro	Dundee & Angus College
Lynsey Cathro	Monifieth High School
Damien Clark	Dundee & Angus College
Jack Douglas	Dundee & Angus College
Sandra-Jane Grier	College Development Network
John Johnston	TechnipFMC
Sam Mayor	TechnipFMC
Sean McMahon	Dundee & Angus College
Calum Overton	University of Aberdeen
Andrew Reid	Dundee & Angus College
Bryan Simpson	Unite Hospitality Branch/Better Than Zero Campaign
Shannon Todd	Dunfermline High School

Anna Vials	Monifieth High School
<b>Attendees</b>	
Allister Atkinson	Bluerad LLP
Robert Atkinson	NHS Health Scotland
Michael Avril	RNLI
David Carruthers	Avanti
Daniel Doherty	BAFSA
Jim Dorman	St Andrew's First Aid
Dave Forrester	SELECT
Bill Harley	Fife Council
Lynn Hill	Fife Council
Martin Hunt	Tartan Silk
Kathy Jenkins	PHASS
Elizabeth Lumsden	RoSPA
Stephen Lyon	RLSS UK
Susannah Macintosh	SWITCH
Greg McGhee	IOSH Scotland
Martin McMahon	HSE
N D McNicol	J McNicol Electrical Engineers
Naser Mohamed	SWITCH/IOSH West of Scotland
Cherie Morgan	Play Scotland
Gregor Steele	SSERC
Norman Stevenson	Safety Groups UK
Dale Thomson	SNIPEF
Brian Topping	Safety Advocate

### In attendance

Elizabeth Bardell	Clare Adamson's office
Kate Barclay	Clare Adamson's office
Nicola McManus	Clare Adamson's office
Carolyn Reid	RoSPA

### Apologies received

<b>MSPs</b>	
Oliver Mundell MSP	
<b>Alphabetical by surname</b>	
Chris Bielby	SGN
Vince Bowles	Scottish Autism
Stan Brown	IOSH Scotland
Janet Castro	
Brian Connell	Neighbourhood Watch Scotland
Frank Creighton	Comhairle nan Eilean Siar
Jane Campbell Morrison	AALS
Hannah Dale	NHS Tayside
Catherine Johnston	RoSPA
Sarah Jones	HSE
Wayne Mackay	Electrical Safety First
Carlene McAvoy	RoSPA
Wendy McGarrity	Key Housing and Community Supports
Stella Rooney	Unite Hospitality Branch/Better Than Zero Campaign
Alastair Ross	ABI
Dave Roy	Kingdom Housing Association
Lorraine Slorance	RCPCH
Grant Taylor	SGN
Shirley Williamson	Earthgen
Caroline Wilson	City of Edinburgh Council

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**The Cross Party Group on Accident Prevention and Safety Awareness**

**Wednesday 20<sup>TH</sup> March 2019**

**6.00 pm till 8.00 pm Committee Room 4, the Scottish Parliament**

**Secretary's Report**

**#cpgapsa**

**3 Minute Pitches, January 2019**

Elizabeth Lumsden will give a brief update on the January meeting workshop discussions.

**Future themes**

Feedback and suggestions for future themes are always welcomed from members of this CPG. The theme of the June 2019 meeting will focus on Child Safety to reflect Child Safety Week. The November 2019 meeting will focus on Data.

**Members**

A list of all current members and member organisations is available on the Scottish Parliament website. Click [here](#) to view.

Please check that you or your organisation is listed correctly. If any amendments are required, please email [communitysafety@rospa.com](mailto:communitysafety@rospa.com)  
The approved Minutes of each meeting can also be found here.

Presentations from each meeting are posted to the RoSPA website after each meeting. Please click [here](#) to view.

**Refreshments**

Catering this evening has been funded by IOSH Scotland via Rupert Balfry and RNLI will fund the June meeting via Michael Avril. Thank you to both of these organisations for their continuing support.

Elizabeth Lumsden  
Secretary

**The Cross Party Group on Accident Prevention and Safety Awareness****Wednesday 20<sup>th</sup> March 2019****6.00 pm till 8.00 pm, Committee Room 4,  
The Scottish Parliament****HEADLINES**

Thanks to those who contributed the following information:

**RoSPA Family Safety Week 2019**

RoSPA Family Safety Week is on April 1-5, and this year focusses on child pedestrian safety. In the National Accident Prevention Strategy for England published last year, RoSPA highlighted the lack of practical pedestrian training being available to young children, and the preventable deaths and accidents of young people associated with this valuable life skill not being widely taught. Nick Lloyd, acting head of road safety, said: "The best way for a child to learn road safety is to walk to school with a parent." Resources for teachers and parents will be available online at [rospa.com/familysafetyweek](http://rospa.com/familysafetyweek)

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**Child Safety Week 2019**

This years' Child Safety Week runs from Monday 3<sup>rd</sup> June to Sunday 9<sup>th</sup> June 2019. The theme is **Family life today: where's the risk?** It highlights the new dangers facing families today from our modern lifestyles and offers simple solutions to keep children safe.

Family life today is more complex than it's ever been and often the very things that help make life more convenient bring new risks. New dangers in the home include things like button batteries that can kill when swallowed, child appealing washing capsules that can poison or nappy sacks stored under cot mattresses that can suffocate babies.

Dangers when out and about include distraction from devices when we're driving or walking near busy roads, the coffee culture trend that sees young children at risk from hot drink scalds in busy coffee shops and the loss of pedestrian education for children and families. Further information is available at [Child Safety Week 2019](#)

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## The Good Egg Safety Child Seat Campaign 2019

The Good Egg Safety Child Seat Campaign will be running across Scotland again this year. Funded by Road Safety Scotland and supported by The Arnold Clark Group we will be hosting 46 community car seat checking events at venues across Scotland from April to September. Later this month they will appear on the website [www.goodeggcarsafety.com](http://www.goodeggcarsafety.com) and the Facebook events page @goodeggsafety= Parents have the opportunity to attend these events and get their child's car seat checked for free and ask any advice that they may need. We have also continued the free version of the award winning guide on our digital platform [www.digital.goodeggsafety.com](http://www.digital.goodeggsafety.com)

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## Fife knitters rally to Kingdom Trauma Teddy appeal



**Lauren Moffat**, a senior support worker with **Kingdom Support and Care** in Collydean, has been busy knitting Trauma Teddies to help police officers calm young children.

Lauren, along with her Mother in-law **Catherine Moffat** and friends, have so far knitted over 30 of the cute bears, which are made to a special design.

Each one of them is unique, they all have their own little characters.

Lauren recently handed the teddies into Kingdom's head office, they were then handed over to local police for distribution.

Lauren said "We enjoying knitting the teddies and it's great to think that they can be put to such a good use."

The innovative scheme, which originated with Australian fire fighters, has become popular across Scotland as a way of breaking down barriers between children and police officers.

Thanking Lauren and her friends, **Kingdom's health and safety officer, Dave Roy**, said: "The Kingdom Trauma Teddies will have a positive impact on young people who come into contact with the police and we're delighted to be working in partnership with Police Scotland and able to assist with the initiative.

"The teddies will give that wee bit of comfort at a time when children may have experienced something that is a bit traumatic. It could be that they have been involved in a road accident or been lost in a public place. We would like to thank everyone who contributed towards this."

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## Safety Groups UK Awards Ceremony

House of Lords, 28 January 2019



*Lord Cullen Trophy winners, Dundee & Angus College with their home safety group, Tayside Integrated Safety Association, winners of the Albert Porter Rose Bowl*



*Alan Butler Winners: Northern Ireland Safety Group*



*Outstanding Service Award: Sylvia Ellis, Harrogate & District Health & Safety Forum*

The SGUK Awards 2018 included the introduction of the SGUK Innovation awards section. For Innovation, The Lord Cullen Trophy went to Dundee and Angus College for their entry on Asbestos and the involvement of students in a project which utilised LOCHER concept as a

learning tool – further details of the D&A project and LOCHER can be found on our [website](#). As the home group of D&A College, Tayside Integrated Safety Association was awarded the Albert Porter Rose Bowl. Second place, the SCOS Trophy in the Innovation category went to Celtic Energy from the South and West Wales Safety Group, and third, the Stevenson Shield went to Swansea Council, also members of S&WWSG.

The previously known Alan Butler Awards, now called the SGUK Excellence Awards were also well supported, with Gold Awards for: Hereford Safety Group; London Safety Group; Northern Ireland Safety Group; South Cumbria Safety Group and South and West Wales Safety Group: The overall best Gold Award Winner is the Northern Ireland Safety Group, who were presented with the Alan Butler Award.

The final category of awards for Outstanding Service to a nominated person's home group, the Maurice Adamson Award, was presented by last year's winner Claire Oaks from North West Construction Safety Group to a worthy winner from the Harrogate Group, Sylvia Ellis. The Excellence Awards were presented to the winners by Lord Brougham and Vaux, and the Innovation Awards were presented by Lord Cullen of Whitekirk

All of the above would not have been possible without the dedication of the Board, the Secretariat, our supporters and sponsors, but more importantly the contribution made by all of the local groups and their members that entered the awards.

**Contributor:**

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## **Dundee & Angus College Wins Prestigious UK Wide Safety Award**

The [LOCHER](#) Project (Learning Occupational Health by Experiencing Risks) is a UK wide approach to teaching students about health and safety in an engaging and interactive way. This approach allows students to identify key health and safety risks in their own subject area, learn about them, showcase what they have created and then take that experience into the world of work.

By experiencing risks in a controlled way, the LOCHER approach helps embed important health and safety knowledge into long-term memory, influencing longer term positive attitudes and behaviours while simultaneously developing a range of complementary essential skills.

**I worked with a** group of Princes Trust students on investigating the dangers of asbestos. They researched the topic, visiting a local company which removes asbestos and a laboratory which tests for asbestos, learning about this substance and its associated health risks. The students also visited a charity which supports those suffering from asbestos related diseases reinforcing its impact on peoples' lives. Most touching of all for the students was the fact that the gentleman they interviewed sadly died in March 2018 from an asbestos related disease. The final output of their LOCHER project was creating a short [film](#) on the dangers of asbestos, raising awareness of the dangers of asbestos with others.

The annual Safety Groups UK Awards ceremony recognises the innovative work being done to raise standards of health and safety and the Princes Trust students from Dundee and Angus College won the Lord Cullen Trophy for Innovation at the House of Lords on 28 January 2019 for their film on the dangers of asbestos.

I am delighted that this film, and subsequent projects have been recognised and I have continued using this method of creative health and safety learning and teaching, recognising its value in contributing to the 'Helping GB Work Well' strategy and in preparing learners effectively for the world of work.



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## RoSPA's Awards Excellence Forum

RoSPA will be holding a series of regional Awards Ambassador-led networking events throughout the year and these are open to award entrants, safety groups and CPG members.

The Awards Excellence Forum is a network of likeminded award entrants offering support and sharing advice that can help with not only your award entry – but also your safety management systems and career.

Events are hosted by an independent chair from within the Awards community and provide a chance to:

- Network with other RoSPA Award entrants and winners
- Hear presentations from different organisations. With different stages in awards/safety journeys represented, there are always things to learn
- Chat and make connections with other people in your industry for free
- Help form RoSPA Occupational Health and Safety Policy, and the future direction of the awards
- Get advice direct from RoSPA and other winning organisations to help improve your award submission
- Learn how you can improve your organisation's health and safety systems and culture from others across different industries
- Develop your own career. The forum is currently promoting mentoring opportunities, so it's an ideal place to seek a mentor to help you learn, or to offer your help as a mentor for someone at a different stage of their career.

For further information please contact: [awardsexcellence@rospa.com](mailto:awardsexcellence@rospa.com)

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## Simple New Technology Saves Pets in a Recent Domestic Fire



The recent domestic fire in a Nottingham tower block where Blueproof was fitted, activated successfully and saved the occupier's pets.

Blueproof is a state of the art fire suppression device that can be fitted in minutes to most domestic central heating systems. The new technology is a co-polymer cone which simply attaches to the bleed valve of a domestic radiator.

In the event of a fire, the surface of the hexagonal cone closest to the heat source melts to create a minute nozzle allowing the water from the radiator to spray

towards the fire.

Additionally, consider the radiator to be a kettle and as it heats the water creates steam and this has the effect of reducing the temperature of the room and it scrubs the smoke which in many cases is the cause of fatalities in domestic fires.

In this recent fire, which broke out in the kitchen on the 10<sup>th</sup> floor, Blueproof had been fitted in 2015, well before the Grenfell Fire Tragedy.

The occupier of the apartment was understandably distressed with the fire; however with no loss of life and his pets being saved, this shows the effectiveness of this simple new technology.

The cost effectiveness of Blueproof is anticipated to be very well received and allow roll out to both private and public housing stock throughout the UK.

Where a home does not have a water-based heating system, Blueproof can be simply attached to domestic appliances or water pipes within the home.

<http://www.blueproof.co.uk/product/blueproof/>

### QUICK FACTS:

- In official full-scale fire tests, lowered the temperatures by hundreds of degrees within 60-90 seconds of activation.
- Blueproof™ can be easily fitted in minutes by most DIY enthusiasts.
- Blueproof™ tests show that just a small quantity of water at the onset of a fire is very significant in slowing fire progress.
- Blueproof™ needs no power or testing. 50% of dwelling fire fatalities in Scotland during 2014 had smoke alarms fitted.
- Blueproof™ prevents “flashover” – making firefighters’ jobs much safer.
- Blueproof™ has been adapted to fit onto any domestic water supply, such as white goods.

**Blueproof™** Buys Time Saves Lives

Website: <http://www.bluerad.co.uk/>

YouTube: <https://www.youtube.com/watch?v=pQDj7vngMuY>

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## 10 ways to avoid an electrical house fire

Did you know that electricity is the number one cause of accidental fires in Scottish homes? The human cost is incalculable, while the damage to property runs into tens of millions, not to mention the charges placed on the NHS.

To raise awareness of this important issue, Electrical Safety First, the leading safety charity, launched a new campaign - '10 ways to avoid an electrical house fire' - at a recent event in the Scottish Parliament sponsored by Chair of the Cross Party Group on Accident Prevention and Safety Awareness Clare Adamson MSP.

"The figures speak for themselves" explains Wayne Mackay, Deputy Public Affairs Manager at Electrical Safety First. "Every year, 75% of fires in Scottish homes are caused by electricity, mostly by electrical products and over half starting in the kitchen.

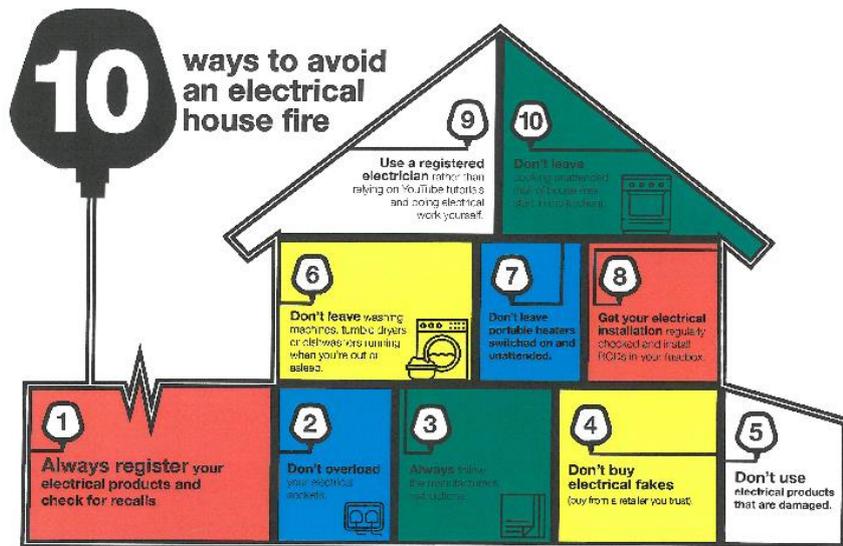
"But we have come up with a number of straightforward tips to help avoid such fires and have several online tools, guides and advice, to help people stay electrically safe at home. We recommend that people register any new electrical products with the manufacturer, as it will ensure that, if the item is recalled, they can be easily and quickly contacted. Given the number of high-profile product recalls that have hit the headlines in recent years, I'd urge everyone to follow this advice."

Electrical Safety First's Top 10 Tips to avoid an electrical fire in your home are:

- Always register your electrical products and check for recalls.
- Don't overload your electrical sockets.
- Always follow the manufacturer's instructions.
- Don't buy electrical fakes.
- Don't use electrical products that are damaged.
- Don't leave washing machines, tumble dryers or dishwashers running when you're out or asleep.
- Don't leave portable heaters switched on and unattended.
- Get your electrical installation regularly checked and install RCDs in your fusebox.
- Use a registered electrician rather than relying on YouTube tutorials and doing electrical work yourself.
- Don't leave cooking unattended (half of house fires start in the kitchen).

## Don't get caught on the wrong side of an electrical fire

Every year, three quarters of accidental house fires in Scotland are caused by electricity. Most of these are caused by electrical products, either through misuse or faults. Over half of these electrical fires start in the kitchen, with cooking appliances the main cause. Even the housework isn't safe. Over four fires a week are caused by white goods such as tumble dryers, washing machines and dishwashers.



For more advice, visit: [electricalsafetyfirst.org.uk/saferhomes](http://electricalsafetyfirst.org.uk/saferhomes)

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Electrical Safety First Registered Office: 4b Great Guildford Street, London SE1 0EG | Email: [enquiries@electricalsafetyfirst.org.uk](mailto:enquiries@electricalsafetyfirst.org.uk)

For more information on electrical safety – and much more – visit:  
[www.electricalsafetyfirst.org.uk](http://www.electricalsafetyfirst.org.uk)

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Please submit contributions for future issues to: [communitysafety@rospa.com](mailto:communitysafety@rospa.com)