

Meeting Notes

Cross-Party Group: Arthritis and Musculoskeletal Conditions
Committee Room 5

Wednesday, 11 September 2019 6pm-7.30 pm

Convenor: Brian Whittle MSP

Deputy Convenor : Rhoda Grant MSP

1. In addition to Group members, Convenor welcomed

Visitors

- Dr Uwe Wolfram -Assistant Professor. School of Engineering and Physical Sciences, Heriot-Watt University
- Sarah Randell, Chief Executive, The Teapot Trust

Guests of National Rheumatoid Arthritis Society

- Irene Hendry
- Jacqueline Matheson
- Valerie Orange

MSP members s of the Cross Party Group: Mental Health were invited to attend this meeting but apologies received.

Other apologies will be listed in the meeting notes

2. March Meeting Minutes for Approval

Approve: Sheila Macleod NRAS

Second : Lorna Neil PMR-GCA/Scotland

3. Matters Arising and Secretary's Update

- Following on from the presentation by Kenryick Lloyd Jones on behalf of the Chartered Society of Physiotherapy Scotland and Group discussion
Brian raised the issue of shortages of physiotherapists, on behalf of the CPG at the March Health and Sport committee session

Video footage of the Committee Session has been circulated to Group members

- Falls and Fracture Prevention Strategy for Scotland 2019-2024-consultation August 2019 Dr Graham Ellis, HealthCare Improvement Scotland –has been invited to consider contributing to an agenda in 2020 once the Strategy is published
[Falls-and-Fracture-Prevention-Strategy-for-Scotland-Response.pdf](#)
- Recent papers circulated [Hip op rationing August 2019 article.pdf](#)
[CPG\royal-osteoporosis-society-clinical-standards-for-fracture-liaison-services August 19.pdf](#)

4. Annual General Meeting

- Convenor's Report

Overall the past year has seen each meeting well attended with broad representation from the Musculoskeletal Community in Scotland.

Recurring points arising have been the lengthy waiting times for joint surgery, lack of resources to support implementation of policies, strategies, guidelines and recommendations - and the drive for cost savings which are not reinvested in the services making the savings a frustration when service providers are anxious to improve the quality and efficiency of their patient care.

12 September 2018 - Annual General Meeting-meeting minutes were included and approved at November 2018 meeting

Brian Whittle MSP-Convenor,

Rhoda Grant MSP -Deputy Convenor

Anne Simpson, Secretariat - all continuing in current roles

- *Fibromyalgia- a care pathway in Glasgow*
Fay Campbell, Rheumatology Managed Clinical Network Manager, NHS Greater Glasgow and Clyde
- *Self managing my condition - keeping active to work*
Murray Brown, National Ankylosing Spondylitis Society

7 November 2018

- *Effective Prescribing Perspective and National Procurement of Biosimilars/Biologics*
Dr Martin Perry, Consultant Physician & Rheumatologist, NHS Greater Glasgow and Clyde
 - *Don't Delay-Connect Today" Campaign*
Dr Louise Bennet, University of Glasgow
 - *Update from Versus Arthritis-Working Well with Arthritis*
Alan McGinley, Policy and Engagement Manager, Versus Arthritis
- *Rheumatology in Scotland: The State of Play –A report from the British Society for Rheumatology and Scottish Society for Rheumatology*

Lauren Bennie, Devolved Nations Liaison Officer for the British Society for Rheumatology

13 March 2019

- *NHS Research Scotland Musculoskeletal Inaugural Research Meeting*
Professor Stuart Ralston
Arthritis Research UK Professor of Rheumatology
Centre for Genomic and Experimental Medicine
Institute of Genetics and Molecular Medicine, University of Edinburgh

- *Physiotherapy in Scotland, growing the workforce and transforming care.*

Kenryck Lloyd Jones, Policy and Public Affairs Manage, The Chartered Society of Physiotherapy Scotland

15 May 2019

The Elephant in the Room- our CPG hosted our first event in the in the Garden Lobby of the Scottish Parliament. Over 100 group members, invited guests and MSPs attended.

Speakers: Professor Iain McInnes CBE, President of the European League against Rheumatism and Professor Colin Howie, Department of Trauma and Orthopaedics, University of Edinburgh

Joe Fitzpatrick MSP ,Minister for Public Health, Sport and Wellbeing ,contributed on behalf of the Scottish Government and particularly congratulated the Scottish Paediatric Rheumatology Network and the Scottish Network for Arthritis in Children on their tenth anniversary this year-also mentioning their joint working with Versus Arthritis Children and Young Peoples projects.

Key topic covered by the media after the event highlighted the number of people in severe and constant pain as they waited months for joint surgery.

Recently published paper was later circulated to all members [Worse than death Professor Colin Howie 2019.pdf](#)

- Election of Office Bearers

Convenor-Brian Whittle MSP to continue

Deputy Convenor-Rhoda Grant MSP to continue

Secretary- Anne Simpson,individual CPG member-to continue meantime with a view to "retiring" at the end of this parliamentary session-or if is there is any interested party who may wish to consider this voluntary role earlier please contact Convenor's Office cc Anne Simpson to discuss- a description of role/duties will be made available.

5. *The Scottish Quality Registry in Rheumatology*

Dr Elizabeth Murphy, Consultant Rheumatologist, NHS Lanarkshire

[Dr LIZ MURPHY CPG presentation11 SEPTEMBER 19.pptx](#)

The development of this Scottish Quality Registry – focus on the concepts of *Realistic Medicine* and *Careful and Kind Care* –health professionals need to be better at listening to patients-many of whom are living with several conditions and also trying to manage day to day while experiencing chronic pain.

The Registry Tool will facilitate recording of:

Clinician data

Patient reported data

Real time recording of agreed goals

Print out for patients to take away

Dr Murphy explained how this pilot –based in NHS Greater Glasgow and Clyde and NHS Lanarkshire has taken longer than anticipated and described the barriers to progress.

There was considerable roundtable discussion around process of data collection, sharing and storing.

Also a question from British Society of Rheumatology around plans for roll out to all health boards.

Dr Murphy indicated :

rollout to other health board areas following on from completion and evaluation of the pilot .

also potential for development of data sets for other rheumatological disorders and data entry from home .

Sheila Macleod, National Rheumatoid Arthritis Society, described this development as a “quiet revolution” in the approach to patient care.

6. “Mental Health Matters in Scotland”- a review of progress on the 2018 NRAS Report’s recommendations

Matt Bezzant, Policy and Public Affairs Manager National Rheumatoid Arthritis Society

Sheila Macleod, Chair, Scottish Campaigns Network, National Rheumatoid Arthritis Society
[NRAS - Mental health presentation Scottish CPG 11 9 19.pptx](#)

Following on from the [Emotional Health and Well-being Matters - NRAS Report.pdf](#)

In comparison to the wider UK population, respondents in Scotland were

- less satisfied with their life, believed the things in their life were less worthwhile and were less happy.
- The proportion of people who scored poorly on life satisfaction, life worth and happiness was significantly greater than the UK average.
- 1 in 3 people who had asked for or were offered psychological support had never received it.
- Only 1 in 5 people have never been asked by their health professional about their emotional/psychological health. (2 in 5 UK-wide)

Recommendations included:

- Monitoring of mental health is vital. Measurement should take place at first diagnosis and then periodically (e.g. at annual review).
- Every contact with a HCP should involve discussion around mental health.
- Patients need to know how to access psychological support.
- The entire MDT needs to know how their services can support the mental health of their patients.
- Need to upskill HCPs to offer psychological interventions, e.g. CBT
- Sign-posting to third sector organisations can ensure alternative support is available.
- Rheumatology teams need appropriate funding and resource.
- Further research needed into the reasons behind some of these findings.

A Call for Action by NRAS followed- to support the recommendations.

Convenor reminded of the considerable Scottish Government funding available – not just for politicians to influence for change-what can the Cross Party Group member organisations here do to help address the points raised? Certainly much more to be discussed and explored.

7. *The Elephant in the Room* Event-Next Steps??

Discussed :

- ?? larger event again –would Professor McInnes lead –as President of EULAR?
- ??MSK meeting for all Stakeholders in Scotland/mini conference-Holyrood-costly-would need steering group to develop programme

Secretary thanked the 8 member organisations who had contributed to the event costs.

Convenor also thanked the secretariat for organizing the event.

8. Any other business

9. 2020 Meeting Dates are confirmed and have been circulated

Can members please send agenda items to secretary by end of October ?

10. Summary and Save the Date- Wednesday 6 November 2019 5.30pm

Please note there will be a latechange to the agenda as the Faculty of Sport and Exercise Medicine Scotland/Moving Medicine presentation is now withdrawn.

Convenor thanked the National Rheumatoid Arthritis Society for providing the meeting hospitality on this occasion and wished all a safe journey home.

Meeting closed at 7.40pm.

Attending

Brian Whittle MSP

Rhoda Grant MSP

Heather Ann Baxter	Eli Lilly
Mathew Bezzant	NRAS
Murray Brown	NRAS
Marion Butchart	Novartis
Fay Campbell	NHS Greater Glasgow and Clyde
Andrew Fell	NHS Greater Glasgow and Clyde
Jack Feinman	British Rheumatology Society
Gail Grant	ABBVIE
Irene Hendry	NRAS
Katrina Lowndes	Novartis
Iain Macdonald	NASS
Sheila Macleod	NRAS
Jacqueline Matheson	NRAS
Eddie McGill	NASS
Dr Elizabeth Murphy	NHS Lanarkshire
Maureen McAllister	Versus Arthritis
Iain McNicol	NRAS
James O' Malley	Versus Arthritis
Lorna Neil	PMR-GCA Scotland
Briony Nimmo	Novartis
Valerie Orange	NRAS
John Paton	NRAS
Sarah Randell	Teapot Trust
Anne Simpson	Cross Party Group secretariat

Dr Margaret Smith	Queen Margaret University, Edinburgh
Jenny Snell	NRAS
Dr. Uwe Wolfram	Assistant Professor School of Engineering and Physical Sciences Heriot-Watt University
Genevieve Zapate	NHS Lothian

Apologies

Lauren Bennie	British Society of Rheumatology
Jill Carnevale	NHS Lothian
Mayrine Fraser	Royal Osteoporosis Society
Professor Colin Howie	University of Edinburgh
Dr Anne McEntegart	Scottish Rheumatology Society
Marie Morrison	Individual member
Jan Munro	Bristol Myers Squibb Pharmaceutical Ltd