

Heart Disease & Stroke Cross Party Group
Wednesday 9th December 2015,
Committee Room 5, 1800-2000

Advocacy for people affected by heart disease and stroke

1. Welcome & Apologies

MSP Attendance
Dennis Robertson
Anne McTaggart

MSP Apologies
Jackie Baillie
Alison McInnes
Angus McDonald
Dave Thompson
Dr Richard Simpson

2. Matters arising

- 2.1 Minutes from previous meeting of 16th September 2015: Proposed by James Cant;
Seconded by Jan Buncle

Presentations

- 2.2 **Gordon Murch:** Cardiac Risk in the Young (CRY) –
Gordon introduced the work of CRY, and told of his family's experience of losing their son Andrew to sudden death from an undiagnosed heart condition. At least 12 young people die of undiagnosed heart conditions every week in the UK, and CRY works to reduce the frequency of young sudden cardiac death (YSCD), advocating heart screening programmes in schools and sports clubs.
- 2.3 **Wendy Armitage:** Cardiac and User Development Manager, Chest Heart & Stroke Scotland -
Wendy introduced the work of CHSS in identifying survivor and family needs for Rehabilitation & Aftercare following Out of Hospital Cardiac Arrest (OHCA), presenting the patient experience of Ross Cowie from the charity Lucky2BeHere. Wendy's presentation outlined where this work fits into the Ambitions for 2020 in the Out of Hospital Cardiac Arrest Strategy for Scotland Strategy.
- 2.4 **David McColgan:** Policy & Public Affairs Manager, British Heart Foundation Scotland -
David detailed the progress that British Heart Foundation Scotland have made to date with their 'Nation of Life Savers' campaign which aims to ensure all young people in Scotland are trained to deliver CPR. Working with Fire Officers delivering training in over 300 Fire Stations across Scotland, BHF plans to have trained approximately 500,000 people in CPR by 2020.

3. Discussion -

Agreement amongst the group that there should be screening of all young people for any cardiac abnormalities, possibly carried out by School Nurses when young people are in 4th year, prior to school-leaving age. It was recognised that although this would greatly reduce the chance of young people having a cardiac arrest, there are times where abnormalities can go undetected. However, screening could more than double the survival rate. It was suggested that this should be explored with the Scottish government and local authorities.

Actions:

1. To explore where the Scottish Government are on their review of administration of medicines in schools and might this be a route to explore disclosure if illness/condition for kids
2. To arrange a meeting with Cabinet Secretary for Health and/or Education to discuss expansion of CPR training in Schools

4. AOCB

5.1 Update from the Stroke Charter Subgroup:

Gill Alexander, Consultant Stroke Physiotherapist from NHS Greater Glasgow & Clyde It has been 2 years since the launch of the Stroke Charter. The Stroke Charter survey is now complete and results are due to be launched shortly, highlighting the need for long-term support for stroke the survivors.

Gill also highlighted the changes to the availability of National Stroke Improvement funding and how this will impact on research. Dennis Robertson MSP advised he has written formally to the Cabinet Secretary for Health, Wellbeing and Sport with regards to the withdrawal of the national stroke improvement funding for new projects.

5. Dates for meetings in 2016:

- **Wednesday 9th March 2016:** Heart and Stroke care issues for people with sensory impairments (Joint meeting with the Cross Party Groups on Visual Impairment and Deafness)
- **Wednesday 22nd June 2016:** Review of current health policy and looking to the future after the Scottish Parliament elections

Non-MSP Attendance:

Title	Forename	Surname	Organisation
Mrs	Gillian	Alexander	NHS Greater Glasgow & Clyde
Mrs	Wendy	Armitage	Chest Heart & Stroke Scotland
Mr	Ian	Broughton	
Mrs	Irene	Broughton	
Mrs	Jan	Buncle	Chest Heart & Stroke Scotland
Mr	James	Cant	British Heart Foundation Scotland
Dr	Gareth	Clegg	NHS Lothian/ Edinburgh University
Mr	Robert	Colburn	British Red Cross
Mrs	Lynne	Dalgleish	Chest Heart & Stroke Scotland
Ms	Gillian	Donaldson	NHS Borders
Mr	Gregory	Fearn	Familial Arrhythmias Network
Mrs	Caitrian	Guthrie	Chest Heart & Stroke Scotland
Ms	Fiona	Hall	NHS Borders
Mrs	Laura	Hastings	Chest Heart & Stroke Scotland
Ms	Karen	MacNee	Scottish Government
Mr	Peter	McAvoy	
Mr	David	McColgan	British Heart Foundation Scotland
Mr	Rod	McIntosh	NHS Borders
Ms	Lyndsay	McKechnie	NHS Greater Glasgow & Clyde
Mrs	Ros	Meek	Medtronic
Mr	Gordon	Murch	CRY (Cardiac Risk in the Young)
Mrs	Hazel	Murch	CRY (Cardiac Risk in the Young)
Ms	Elena	Nicol	British Red Cross
Dr	Morag	Osborne	NHS Greater Glasgow & Clyde
Ms	Anne	Reoch	NHS 24
Mrs	Sarah	Smith	Chest Heart & Stroke Scotland
Mr	Allan	Struthers	University of Dundee
Ms	Mary	Travers	Allergan
Ms	Marjory	Wood	British Heart Foundation Scotland