



**PUBLIC PETITION NO.**

**PE01619**

**Name of petitioner**

Stuart Knox

**Petition title**

Access to Continuous Glucose Monitoring

**Petition summary**

Calling on the Scottish Parliament to urge the Scottish Government to make continuous glucose monitoring sensors, such as Freestyle Libre, available under prescription to all patients with type 1 diabetes.

**Action taken to resolve issues of concern before submitting the petition**

Contacted my MSP for advice on how to proceed with this issue and was advised to continue with this action of petitioning.

**Petition background information**

My partner has been type 1 diabetic for 40+ years and recently was introduced to the Freestyle Libre continuous glucose monitoring system. A sensor is placed on the upper arm and by scanning this sensor using the reader provided gives an instant blood sugar reading. In addition the user can input information, such as how many carbohydrates were consumed at meals, how much insulin was injected and also allows alarms to be set to reminder for the user.

In my partner's situation, now that she is familiar with the system, her blood sugar readings have greatly improved and are as stable as I can remember. Other users have reported the same results via Facebook.

The cost of sensors is a major issue for many of these people. Two per month are required, costing around £100 for both. This is a major expense (not just for us, but other users find it financially difficult) and corners have to be cut to meet this expense.

There is currently a petition lodged by Jamie Reed MP in Westminster but we were advised we should create a petition north of the border. There is more info on the English petition at the link below, which also mentions the £13m cost to the NHS as a result of diabetics experiencing severe hypos.

<https://petition.parliament.uk/petitions/151064>

**Unique web address**

<http://www3.parliament.scot/GettingInvolved/Petitions/diabetes>

### Related information for petition

More information is available from Diabetes UK.

### Do you wish your petition to be hosted on the Parliament's website to collect signatures online?

YES

### How many signatures have you collected so far?

0

### Closing date for collecting signatures online

13 / 10 / 2016

### Comments to stimulate online discussion

Please help Type 1 diabetics gain better control of blood sugars. We are asking the Scottish Parliament to consider the supply of Continuous Glucose Monitors on the NHS. Currently it costs a diabetic around 40-60 pounds for a sensor, which only lasts between 5 and 14 days.

These sensors make a massive difference when a diabetic can monitor sugar levels as often as they need without the need for constant finger pricking. With this monitor they can have more frequent information, can see at a glance their blood sugar levels over a period of time, therefore they can have better control over their diabetes. It really does make a difference. Please take a minute to sign this petition and help make that difference.