

PE1376/Q

Food Standards Agency in Scotland Email of 19 March 2015

The Hull York Medical School study has now been published in the peer reviewed, open access journal, PLOS ONE at the following link:

<http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0116212>

The findings of the study have also been published today by the Food Standards Agency, as part of a webstory at:

<http://www.food.gov.uk/news-updates/news/2015/13719/aspartame-study-findings-published>

The study determined reactions to aspartame in people who have reported symptoms in the past compared to people with no reported symptoms. As you are aware, the study was not intended to assess the safety of aspartame, as it is already an approved additive, but to learn more about these consumers who report adverse effects.

You will see that the study concluded that the participants who were self-diagnosed as sensitive to aspartame showed no difference in their response after consuming a cereal bar, whether it contained aspartame or not.

Regards

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